

4f Food & drinks

Vocabulary Food & drinks

1 a) Listen and say.



b) Complete the sentences about you.

- 1 I eat every day.
- 2 I never eat
- 3 I never drink
- 4 I sometimes eat

Breakfast around the world!

What are you going to make for breakfast tomorrow? What do people eat in other parts of the world?

Japan: A traditional Japanese breakfast includes a bowl of soup and some steamed rice. People serve these with some fish and vegetables, together with a cup of green tea. Good manners are very important at the table; the rice should always be on a person's left-hand side and the soup on the right.

The United Kingdom: The typical English breakfast is a 'fry-up' that includes a lot of fried food, like eggs, mushrooms, bacon, sausages and tomatoes with baked beans! They serve it with a few slices of toast and some butter and a cup of tea to finish. Not many people eat a 'fry-up' every morning. When they wake up tomorrow, most Brits are probably going to eat a bowl of cereal.

Poland: Polish people like a breakfast spread with a lot of choice. Fresh bread and creamy butter are essential. They prepare scrambled eggs, cold meats, sliced tomatoes and many different types of cheese for the breakfast table. They even have a soup made from milk. These days people can also have some yoghurt or cereal. Strong coffee or a pot of tea is always available.

Check these words

traditional, includes, steamed, good manners, important, fried, toast, breakfast spread, scrambled eggs, sliced, available

Reading

2 a) What do you usually have for breakfast? Is it the same in other countries?
Listen and read to find out.

b) Read the text and write the countries: Japan, the UK or Poland.

- 1 They eat rice for breakfast in
- 2 Most people eat a bowl of cereal with milk in
- 3 They serve breakfast with toast and butter in
- 4 Table manners are important at breakfast in
- 5 Fresh bread and butter are important for breakfast in